

Our Toxic Words

Sermon Series: Small Things, Big Difference

Proverbs 18:21

It's often the SMALL things that no one sees that result in the BIG things that everyone wants.

WORD AUDIT

LT Others 1 2 3 4 5 6 7 8 9 10 LG Others

LT Self 1 2 3 4 5 6 7 8 9 10 LG Self

LIFE-GIVING WORDS

3 rules to go by

- ❶ IF YOU CAN'T SAY SOMETHING HELPFUL - SKIP IT.
(Ephesians 4:29, Psalm 141:3-4 NLT)
- ❷ IF YOU THINK SOMETHING GOOD - SAY IT.
(Proverbs 16:24, 18:21)
- ❸ IF YOU START SAYING SOMETHING TOXIC - FLIP IT.
(1 Samuel 30:6 KJV, Psalm 42:5-6, Habakkuk 3:17-19)

Current Series: Small Things, Big Difference
Our Toxic Words_Part2-by Pastor Jesse Elizondo (1/6/14).

REALife Application

These talking points, questions, and scriptures are designed to help you take the next step.

Looking back at your notes from this week's teaching on, was there anything that particularly caught your attention, challenged or confused you?

Main Idea:

If you want to change the way you live, change the words you speak.

Key Questions:

How have you been affected by life-taking and life-giving words spoken to you?

What life-giving words do you need to speak to yourself and others?

Optional Questions: If needed, include one or more of these scriptures and questions to extend your conversation.

With your Bible or Bible App, read and discuss James 3:3-5, Ephesians 4:29, Proverbs 16:24, and Proverbs 15:4.

What words do you tend to speak most often: life-taking or life-giving? Explain.

How have you seen your words affect your actions and beliefs?

What can you do to guard your heart against life-taking words when they are spoken to you?

In what situations do you find it most difficult to speak life-giving words to yourself or others?

Next Steps:

What steps do you need to take to ensure you start speaking more life-giving words?

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